

A background image of pink cherry blossoms in full bloom against a clear blue sky. The blossoms are in various stages of opening, with some showing distinct petals and centers. The overall scene is bright and cheerful, suggesting a spring setting.

WORKSHEET

Spring
Decluttering
Workshop

with Megan Montero

monterohealingarts.com



Why is decluttering the first step to good Feng Shui?

What is Clutter?



What are 5 benefits of decluttering?

What insights about your home did you receive from the meditation?



What are the 5 Keys to mindful decluttering?



What 3 steps are you ready to take towards decluttering your home?



Hi, I'm Megan!

I'm a Feng Shui consultant based in Santa Cruz, California. I help my clients set up their homes and workspaces using Feng Shui principles to cultivate prosperity, vitality, fulfilling relationships and success. I've been practicing Feng Shui for over 18 years and it never ceases to amaze me how life-changing it can be! One of my passions is teaching people how to declutter which is the first step to good Feng Shui.

I offer in-person Feng Shui consultations, and decluttering and organizing coaching on-site and remotely.

I hope the Spring Decluttering Workshop inspires you to simplify your life through the art of decluttering. May it restore balance and harmony in your home and life!